

Arundel Lodge Behavioral Health introduces a new concept in the treatment of Behavioral Health

Arundel Lodge Behavioral Health Urgent Care Clinic

The Arundel Lodge Behavioral Health Urgent Care Clinic, on the campus of Luminis Health, Anne Arundel Medical Center, serves those in need of short-term, urgent care to manage a mental health or substance use problems. We are open from 9AM to 5PM Monday through Friday. The interdisciplinary staff includes Peer Support Specialists, Mental Health Clinicians, Registered Nurses and Nurse Practitioners. The Urgent Care Clinic provides interventions for psychiatric conditions as well as coordination of care for any medical conditions with which a patient may be suffering. We coordinate support services and create a person centered aftercare plan in order to strengthen the path to recovery and wellness.

Luminis Health (Anne Arundel Medical Center)
2002 Medical Parkway, Suite 460, Annapolis, MD 21401
Phone: 443-590-3224



The Clinic is located on the 4th floor of Sajak Pavilion and can be directly accessed from the top level of the parking garage.

Visit a Hospital Emergency Room or Call 911 for serious or life-threatening conditions:

- > Experiencing **extreme** agitation and resistant to treatment of mental health symptoms
- First time experiencing severe psychiatric symptoms such as cognitive decline, memory loss, lack of concentration, extreme lack of energy or severe depressive thoughts (May be related to a medical issue)
- Imminent risk to self or others as the result of mental health symptoms
- > Self-harm has occurred and requires medical treatment to stabilize
- > Thought disturbance resulting in risky thought and/or behaviors combined with an inability to keep safe

Visit Arundel Lodge Behavioral Health Urgent Care Center:

- ✓ Moderate to severe psychiatric symptoms that need to be assessed and addressed.
- ✓ Symptoms are likely to worsen if prompt initiation of treatment, including medications, is delayed
- ✓ The patient is safe and able to wait for 2-3 hours for treatment to begin
- ✓ Daily activities are a struggle and pleasurable activities and hobbies seem to have vanished
- ✓ The individual is suffering from a Substance Use Disorder (SUD) and is interested in initiating treatment
- ✓ The individual is suffering from an Opiate Use Disorder (OUD) and is interested in Medication for Opiate Use Disorder. If symptoms allow, initiation of Suboxone treatment can be completed at the initial visit.
- ✓ The patient would benefit from engagement in person-centered treatment planning.



Visit the Arundel Lodge Behavioral Health Walk In Clinic:

- Psychiatric symptoms are mild to moderate
- Daily activities are manageable
- Waiting for a scheduled appointment seems reasonable
- ❖ Waiting to initiate medications, if applicable, seem reasonable